



**FIT TRADERS**

The logo consists of a large, thick purple circle that is not fully closed, with a gap on the right side. Inside the circle, the text "FIT TRADERS" is written in a bold, purple, sans-serif font. The letter "I" in "FIT" is replaced by a vertical candlestick bar with thin lines extending above and below it, representing a price movement in a trading chart.

# SUPPORT & RESISTANCE

Support is a price level where a downtrend can be expected to pause due to demand. As the price drops, demand of shares increases, thus forming the support line. Resistance zones arise due to a sell-off when prices increase

# PRICE ACTION



Previous support tends to act as resistance, and  
previous resistance tends to act as support

# MOVING AVERAGES



MOVING AVERAGES ACT AS SUPPORT AND RESISTANCE BUT MORE IMPORTANTLY TELL YOU THE STRENGTH OF A STOCK

# Bollinger Bands



Bollinger Bands are useful on every time frame to spot support and resistance zones

## LEVEL 2/ MARKET DEPTH

Bid	Size	Time MMID	Ask	Size	
11.940	19600	13:10:20 TC	12.470	19000	12:5
11.930	4900	12:06:01 TC	12.480	41300	13:0
11.920	13800	10:14:21 TC	12.490	23600	11:1
11.910	19900	11:07:55 TC	12.500	151900	13:1
11.900	140900	13:13:00 TC	12.510	14400	13:0
11.890	18600	13:06:10 TC	12.520	2600	11:0
11.880	30000	13:09:39 TC	12.530	7200	13:0
11.870	2800	10:03:47 TC	12.540	42000	13:0
11.860	15500	09:30:13 TC	12.550	81000	13:0
11.850	47900	13:08:44 TC	12.560	700	12:2
11.840	2500	12:18:57 TC	12.570	67600	13:0
11.830	7400	11:25:25 TC	12.580	6600	12:3
11.820	60300	09:30:09 TC	12.590	16500	11:2
11.810	14400	13:01:48 TC	12.600	88800	11:2
11.800	148100	09:45:13 TC	12.610	15700	12:1
11.790	8400	11:51:24 TC	12.620	57300	13:0
11.780	37100	13:11:09 TC	12.630	21100	13:0
11.770	12800	13:01:12 TC	12.640	9900	11:2
11.760	19200	13:04:13 TC	12.650	128000	10:5
11.750	132900	13:05:12 TC	12.660	7400	12:0
11.740	17200	12:13:59 TC	12.690	77600	11:1
11.730	1000	07:06:50 TC	12.750	172900	13:1
11.720	9700	11:49:24 TC	12.780	19400	13:0
11.710	7400	12:58:49 TC	12.790	2700	11:1
11.700	77300	13:10:53 TC	12.800	700	11:0
11.690	36300	13:03:26 TC	12.900	1000	11:1
11.680	6000	12:49:33 TC	12.940	1000	11:1
11.670	6800	08:19:16 TC	12.950	30000	13:0
11.650	21300	13:07:32 TC	12.960	2000	13:0
11.630	12000	13:07:16 TC	12.980	1000	13:0
11.620	25500	13:12:17 TC	12.990	59100	07:0
11.570	46000	09:30:09 TC	13.000	554900	12:2
11.550	31300	13:06:08 TC	13.040	6700	13:0
11.510	9900	13:03:56 TC	13.050	36900	13:0

Notice the resistance at this price level

THE ORDER BOOK WILL PROVIDE CLARITY ON WHERE PEOPLE ARE LOOKING TO BUY AND SELL

# VWAP



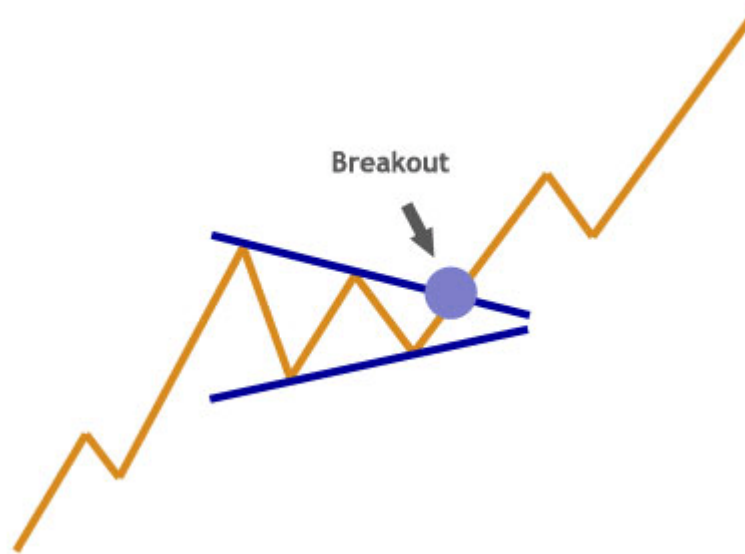
Volume Weighted Average Price...The calculation starts when the trading session opens and ends when the trading session closes. General rule stocks trading below the VWAP are bearish, above are bullish

# Chart Patterns



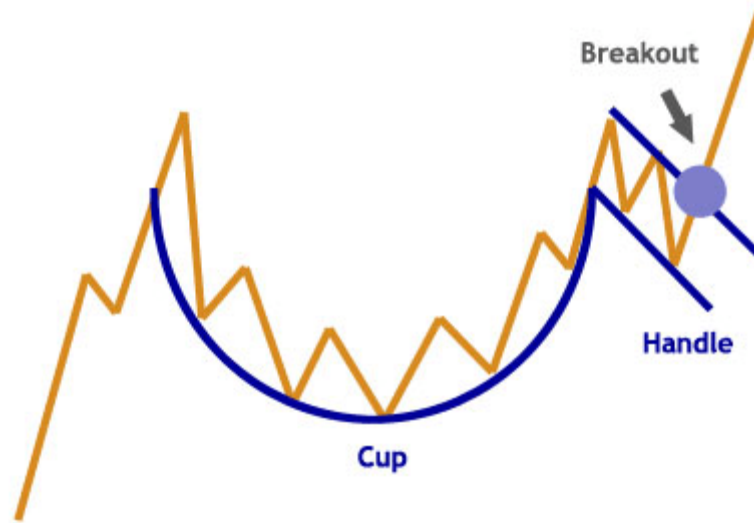


## Pennants



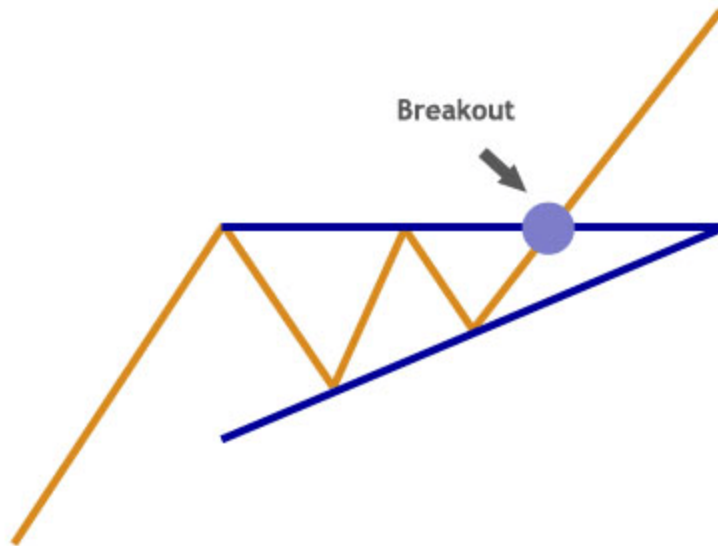
A pennant is created when there is a significant movement in the stock, followed by a period of consolidation – this creates the pennant shape due to the converging lines. A breakout movement then occurs in the same direction as the big stock move. These are similar to Bull and Bear Flags. There will be significant volume at the initial stock movement, followed by weaker volume in the pennant section, and growth in volume at the breakout.

## Cup And Handle



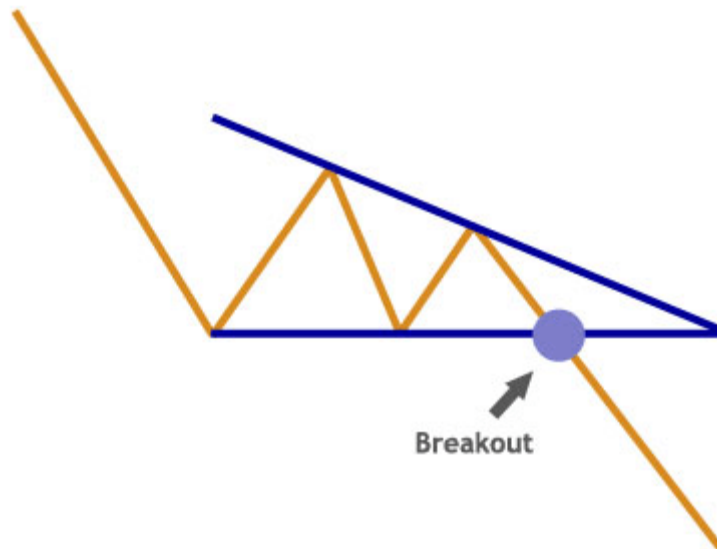
A cup and handle pattern gets its name from the obvious pattern it makes on the chart. The cup is a curved u-shape, while the handle slopes slightly downwards. In general, the right-hand side of the diagram has low trading volume, stays within a channel and should not give back more than 50% of the cup.

## Ascending Triangles



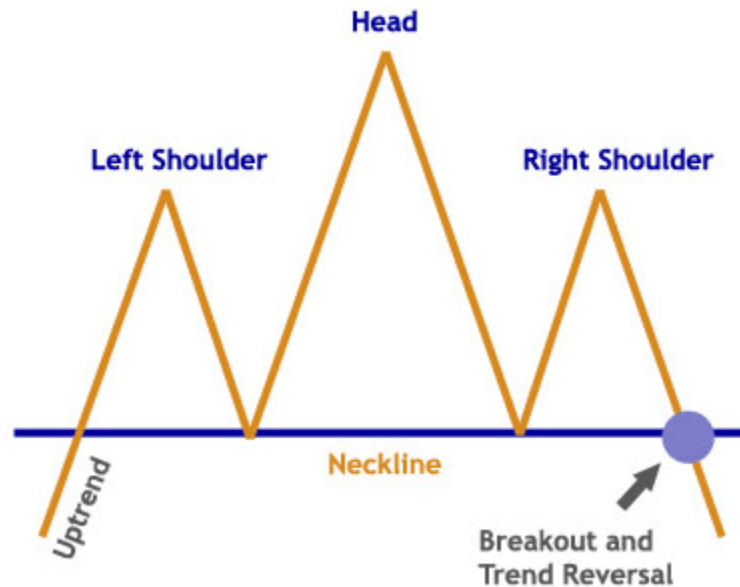
This triangle usually appears during an upward trend and is regarded as a continuation pattern. It is a bullish pattern. Sometimes it can be created as part of a reversal at the end of a downward trend, but more commonly it is a continuation. Ascending triangles are always bullish patterns whenever they occur.

## Descending Triangle



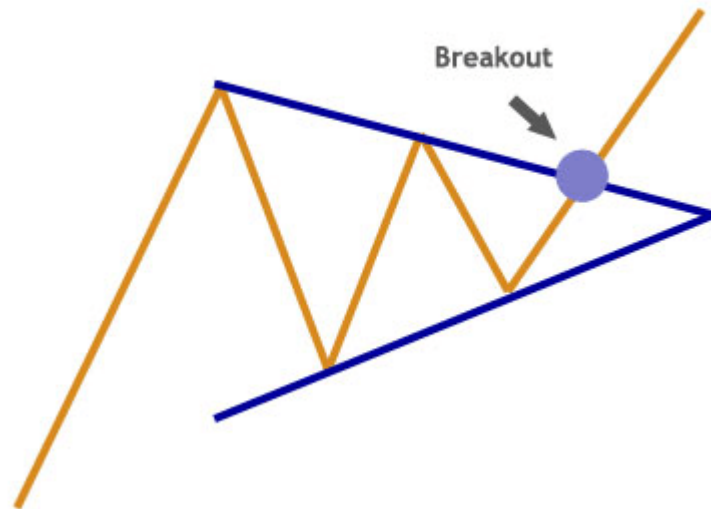
The descending triangle is another continuation pattern, but this triangle is a bearish pattern and is usually created as a continuation during a downward trend. Occasionally it can be seen as a reversal during an upward trend (the opposite of the ascending triangle pattern), but it is considered to be a continuation.

# Head And Shoulders



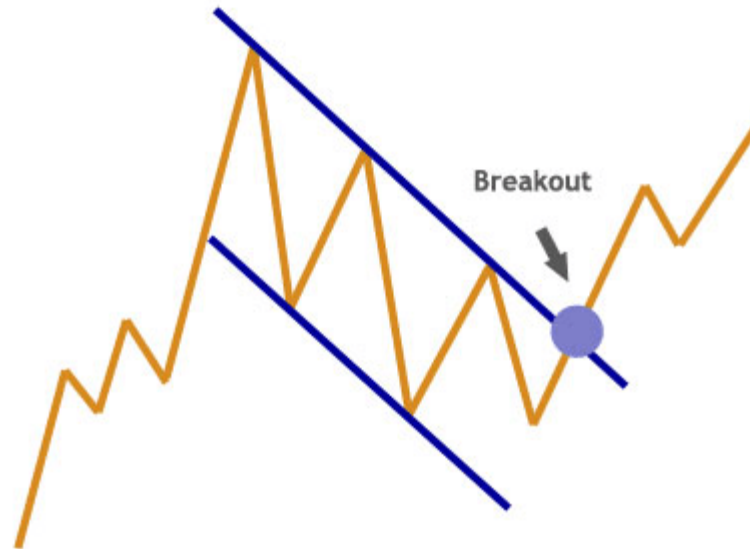
Head and shoulders is used as a predictor for the reversal Pattern of an uptrend. It gets the name from having one longer peak, forming the head, and two level peaks on either side which create the shoulders. Once the defined neckline breaks we have confirmation of support being lost hence creating the reversal pattern.

## Symmetrical Triangle



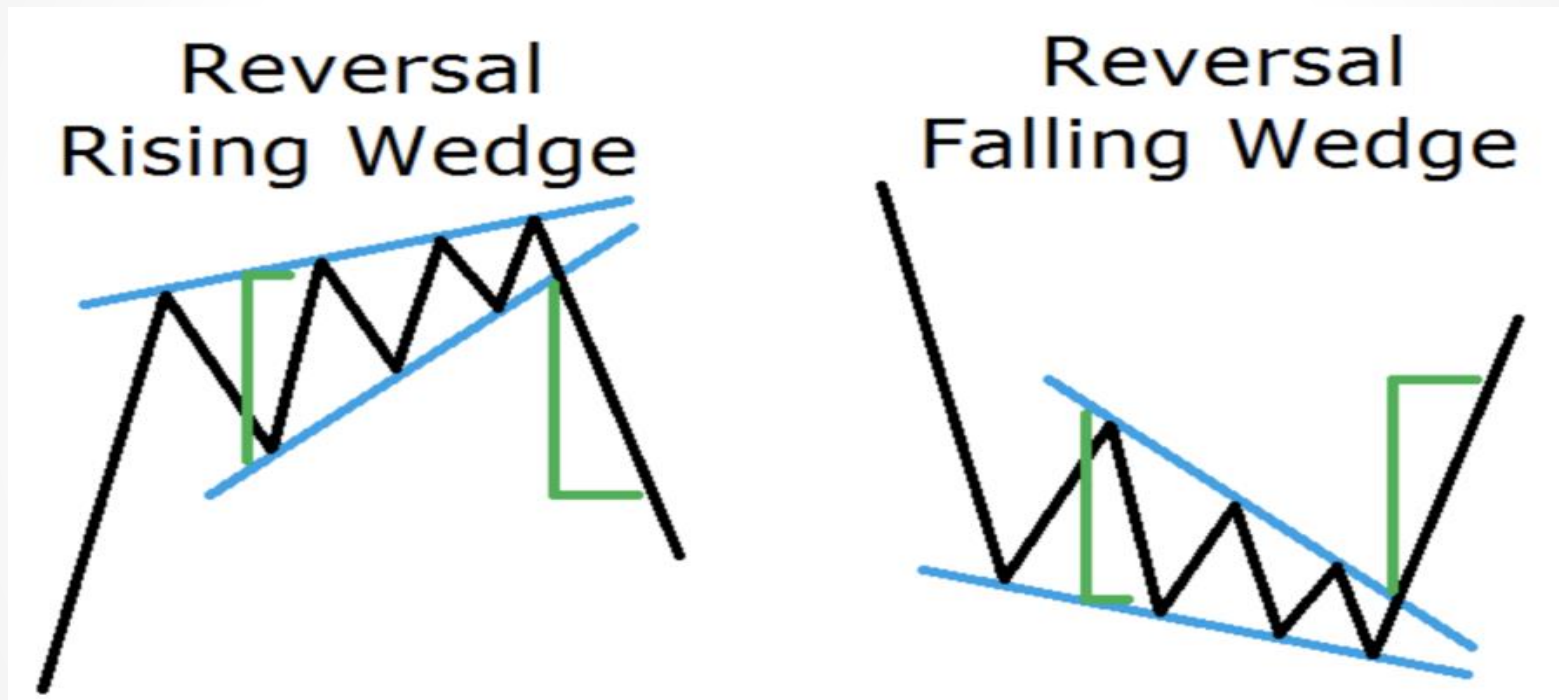
The symmetrical triangle pattern is easy to spot thanks to the distinctive shape which is developed by the two trendlines which converge. This pattern occurs by drawing trendlines, which connect a series of peaks and troughs. The trendlines create a barrier, and once the price breaks through these, a very sharp movement in price follows. Symmetrical targets gives price targets equivalent to the widest part of the Triangle.

# FLAGS



The flag chart pattern forms after an explosive move in either direction on big volume. The channel develops during the consolidation period after the pole is formed with two trendlines which form the support and resistance until the price breaks out. The flag will have sloping trendlines, And will be easily visible by noticing the bulls buying the Dip and the bears placing pressure at the top of the attempted bounce. Once the price breaks through either the support or resistance lines, this creates the buy or sell signal.

## CHART PATTERN WEDGES

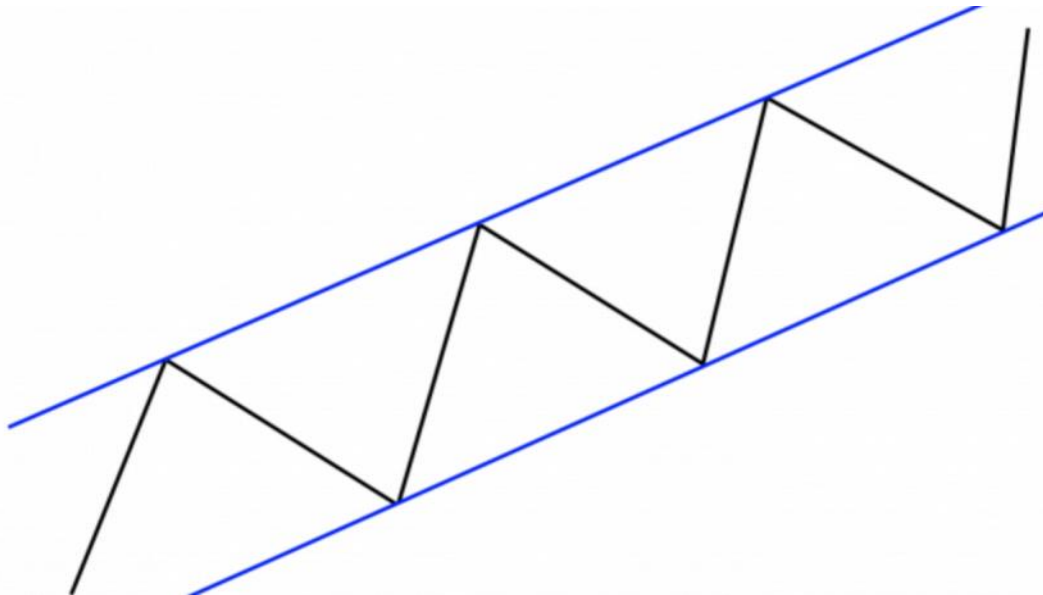


Wedges are reversal patterns that form when the price level of an asset starts to move within an narrowing range angled up or down. In a triangle the price moves sideways but in a Wedge the price moves up or down. Once a breakout happens from a wedge, it happens in the opposite direction of the pattern...example a Rising wedge would see a breakout to the downside and a Falling Wedge will see a breakout to the upside, hence why its called a reversal pattern.



## CHANNEL CHART PATTERN

A channel is a continuation pattern that trends up or down and is meeting and upper and lower trend line. The upper trend line acts as resistance and the lower trend line acts as support.



Thank You